



SPANISH TABLE

Expressions with *Tener*



Tener + noun			
<i>Tener</i> is used in Spanish with a number of nouns which form phrases that are expressed with the verb “to be” + adjective in English.			
Tener + noun	English equivalent: to be + adjective	Example	Translation
<i>tener razón</i>	to be right about something	<i>Tienes razón sobre aprender español con Mango. ¡Es muy divertido!</i>	You are right about learning Spanish with Mango. It’s so fun!
<i>tener miedo a/de + [noun]</i> <i>tener miedo a/de + [infinitive]</i>	to be afraid of (doing) something	<i>Marcos tiene miedo a las alturas.</i> <i>Tengo miedo de perderme en la ciudad.</i>	Marcos is afraid of heights. I am afraid of getting lost in the city.
<i>tener éxito</i>	to be successful (to succeed)	<i>El nuevo producto tiene mucho éxito en el mercado.</i>	The new product is very successful in the market.
<i>tener suerte</i>	to be lucky	<i>Tengo suerte de estar aquí.</i>	I am lucky to be here.
<i>tener cuidado de / con</i>	to be careful with	<i>Ten cuidado con el equipaje.</i>	Be careful with the luggage.
<i>tener el corazón roto</i>	to be heartbroken	<i>Tengo el corazón roto porque mi equipo de fútbol perdió la final.</i>	I am heartbroken because my soccer team lost the final match.
<i>tener celos</i>	to be jealous	<i>Tenía celos de tu talento.</i>	I was jealous of your talent.
<i>tener vergüenza</i>	to be ashamed	<i>Tienes vergüenza de decirle la verdad.</i>	You're ashamed to tell him the truth.
<i>tener confianza</i>	to be confident	<i>Tengo la confianza de que ganaré la carrera.</i>	I am confident that I will win the race.

Note:

Tener vergüenza is equivalent to *estar avergonzado* [to be embarrassed].

For example: *Tengo vergüenza de estar usando este disfraz.* [I am embarrassed to be wearing this costume.]





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Physical needs			
Tener + noun	English equivalent: to be + adjective	Example	Translation
<i>tener hambre</i>	to be hungry	<i>Todos los días tengo hambre a las doce.</i>	Everyday I am hungry at noon.
<i>tener sed</i>	to be thirsty	<i>Los atletas tienen sed después de correr el maratón.</i>	The athletes are thirsty after running the marathon.
<i>tener sueño</i>	to be sleepy	<i>Tenemos sueño porque anoche no dormimos bien.</i>	We are sleepy because we didn't sleep well last night.
<i>tener frío</i>	to be cold	<i>Tengo frío ¡Cierra la ventana, por favor!</i>	I am cold. Close the window, please!
<i>tener calor</i>	to be hot	<i>El perro tiene calor. ¡Abre la ventana, por favor!</i>	The dog is hot. Open the window, please!
Physical states and moods			
<i>tener buena cara</i>	to be in a good mood Literal: to have a good face	<i>Marco siempre está enojado, pero hoy tiene buena cara.</i>	Marco is always angry, but today he's in a good mood.
<i>tener mala cara</i>	to be in a bad mood / to be sick or unwell. Literal: to have a bad face	<i>Gaby siempre está feliz, pero hoy tiene mala cara.</i>	Gaby is always happy, but today she's in a bad mood.
<i>tener cansancio</i>	to be tired	<i>Durante el embarazo Nina tuvo cansancio y mucho sueño.</i>	During her pregnancy, Nina was tired and sleepy.

Note:

An alternative way to express *tener buena cara*, *tener mala cara*, and *tener cansancio*, [to be in a good mood, to be in a bad mood, to be tired] can be an expression with *estar*: *estar de buenas*, *estar de malas*, and *estar cansado/a* [to be in a good mood, to be in a bad mood, and to be tired].



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<i>tener la oportunidad de</i>	to have the opportunity to	<i>Hoy tienes la oportunidad de ser feliz.</i>	Today, you have the opportunity to be happy.
<i>tener la intención de</i>	to have the intention of	<i>Tengo la intención de hablar español perfectamente.</i>	I have the intention of speaking perfect Spanish.
<i>tener tiempo de</i>	to have time for	<i>¿Tienen tiempo de almorzar el sábado?</i>	Do you have time for lunch on Saturday?
<i>tener problemas</i>	to have trouble / to struggle (doing something)	<i>Luis tiene problemas para estacionarse en lugares reducidos.</i>	Luis has trouble parking in tight spots.
<i>tener derecho</i>	to have the right	<i>Tienes derecho a preguntar.</i>	You have the right to ask.
Ailments or symptoms			
<i>tener fiebre</i>	to have a fever	<i>No puedo ir a trabajar porque tengo fiebre.</i>	I cannot go to work because I have a fever.
<i>tener dolor de + body part (cabeza, espalda, muelas, etc.)</i>	to have a bodyache (headache, backache, toothache, etc.)	<i>Baja el volumen porque el abuelo tiene dolor de cabeza.</i>	Turn the volume down because grandpa has a headache.
<i>tener gripa</i>	to have the flu	<i>¿Necesitas tomar medicamento cuando tienes gripa?</i>	Do you need to take medicine when you have the flu?
<i>tener tos</i>	to have a cough	<i>Tengo tos después de cantar y cantar.</i>	I have a cough after singing and singing.

Note:

Tener is also used with diseases in general, for example: *tener diabetes* [to have diabetes], *tener asma* [to have asthma].

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